

# Grief that Goes Somewhere

## The Psalms of Lament

- I. Introduction to the series
  - A. Purpose, goals, values of COR@9
  
  - B. Grief and suffering in the church: the good, the bad, and the ugly
  
- II. Introduction to Grief
  - A. What is grief? What are some broad categories of things to be grieved?
  
  - B. Grief myths
  
  - C. Complicated vs. uncomplicated, healthy vs. unhealthy
  
  - D. “Christian” grief?
  
- III. Introduction to Psalms
  - A. What are the Psalms? How are they meant to function?
  
  - B. Poetry: Emotions and truth
  
  - C. Types of Psalms  
→ Lament as largest category of Psalms

IV. Lament: Grief that Goes Somewhere

A. What is Lament? How is Lament different than complaining?

B. Lament and the Grieving Process

C. Lament as Worship

D. Where we are heading...

Next Week: Psalm 42-43, Dr. Dana Harris